Wild Rice and Dried Fruit Pilaf – Gibbs-California Wild Rice

Lyndsi Patterson

By Published: August 13, 2012

• Yield: 6 Servings

Dried fruit and wild rice have always been favored during the holidays, but you can make this dish anytime you want to add a bit of sweetness to your meal!

Recipe courtesy of: California Wild Rice Advisory Board

Ingredients

- 2 cups <u>chicken broth</u>
- 1 cup <u>California Wild Rice</u> rinsed
- 1 tbsp <u>butter</u>
- 1 <u>onion</u> sliced in thin wedges
- 2 tsp <u>brown sugar</u> firmly packed
- 1/4 cup <u>golden raisins</u>
- 1/4 cup dried cranberries or cherries
- 1/4 cup <u>dried apricots</u> chopped
- 1 tsp <u>grated orange zest</u>
- juice from one orange
- 1/4 tsp <u>pepper</u>
- 2 tbsp <u>parsley</u> chopped

Instructions

- 1. Combine chicken broth and wild rice in medium saucepan; bring to a boil.
- 2. Reduce heat, cover and simmer 40 minutes or until almost tender.
- 3. In small saucepan, melt butter over low heat; stir in onion and brown sugar. Cook 10 minutes, stirring occasionally, until onion is tender and lightly browned.
- 4. Add cooked onions, raisins, cranberries, apricots, orange zest, orange juice and pepper to rice mixture.
- 5. Cover and simmer 10 minutes or until rice is tender and grains have puffed open.
- 6. Stir in parsley.